



International Grenfell Association



2011 Newsletter

IGA Supports French Shore Historical Society in Conche

On July 26, 2011, the French Shore Historical Society opened a Centre for Textile Art. The purpose of the Centre will be to encourage the art of handmade textile crafts and to promote the art and history of textile-based traditions, especially of the Great Northern Peninsula. The Grenfell mat industry, embroidered cloth, and sealskin clothing are just a few of these traditions.

The Centre will focus on the historical textile development of northern Newfoundland by acquiring, preserving and making accessible a research collection of textiles and relevant documents. Since its founding in 2000, the French Shore Historical Society has showcased textile work by craftspeople in the region, including exhibitions of hooked rugs, knitting, embroidery, and included textile objects in its permanent exhibit. It has sponsored several workshops on textile art and in 2010 added the French Shore Tapestry as part of its exhibit.

In 2010 a research project was undertaken by the French Shore Historical Society in partnership with the Port au Choix – St. Anthony Regional Council of the Rural Secretariat. The purpose of the research was to document the traditional craft skills on the Great Northern Peninsula. An inventory of the research can be accessed by visiting the MUN Digital Archives Initiatives.

The French Shore Historical Society is a non-profit organization founded to preserve the natural and cultural heritage of the communities of Conche, Croque, Grand Oies/St. Julien's and Main Brook on the Northeast coast of Newfoundland. One of our chief partners is the International Grenfell Association. Due to the great amount of support we have received from IGA we have successfully managed many projects which have created great economic benefits, employment opportunities, and great tourism potential on the Great Northern Peninsula.

Funding for several workshops being conducted by the Centre for Textile Art this year was provided by the International Grenfell Association, through a grant in the amount of \$9400. The French Shore Historical Society would like to sincerely thank the IGA for their generous support in the past and look forward to our continued partnership.

In summation, our region is historically at the provincial centre of two important textile traditions – the Grenfell-style hooked mat and embroidered cloth. The French Shore Tapestry will add another special example of textile work from this area. For this reason alone, we are uniquely situated to preserve and present one of Newfoundland's highly developed art forms. Coupled with tourism opportunities afforded us through our unique place in world history as the Land of First Contact, the Textile Centre for Learning will broaden the economic possibilities for both tourism and local entrepreneurship using a highlight of our cultural heritage – craftsmanship in textiles.

Joan Simmonds
French Shore Historical Society



L-R: Joan Simmonds, Rita Pollard, Helga Gillard and Colleen McLean of the French Shore Historical Society.

Youth in Red Bay Garner Benefits from IGA Grant

In 2010, the International Grenfell Association funded a grant in the amount of \$10,000 to the Red Bay Recreation Commission. Entitled "Keeping Our Youth Occupied", this IGA grant was in support of the opening of "Teen Stop" a youth centre in the community.

Funds were utilized for purchasing furniture and equipping a small kitchen with cabinets, upgrading the sewer system in the building, constructing a bridge for fire escape purposes, and for various materials to assist the centre in keeping down its winter heating costs.

The "Teen Stop" has proven to be a huge success in providing young people in Red Bay with a warm, safe place to go and socialize, a place to channel their energy, and it gives them "a place to call their own".

The Red Bay Recreation Commission would



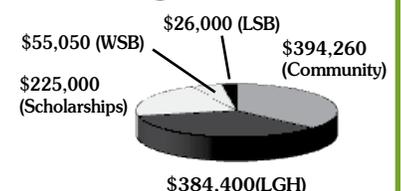
like to say a big thank you to the IGA for its financial support – we could not have completed the project without you!

Lydia Yetman
Red Bay Recreation Commission

Where the money goes

Grantee	Amount	% of total
COMMUNITY-BASED GRANTS	\$394,260	36.4%
LABRADOR GRENFELL HEALTH	\$384,400	35.4%
SCHOLARSHIPS	\$225,000	20.7%
WESTERN SCHOOL BOARD	\$55,050	5.1%
LABRADOR SCHOOL BOARD	\$26,000	2.4%
TOTAL NEW FUNDS GRANTED	\$1,084,710	100%

Amount granted - 2011



Since 1996, the IGA has awarded \$25,418,006 in total grants, scholarships and bursaries. It has funded 961 community, health and education based grants over that period.

IGA Grants \$225,000 in 2011 for Student Scholarships/Bursaries

The International Grenfell Association has committed a total of \$225,000 from its Scholarship/Bursary Program, to help students from the IGA service area that are entering or continuing with post-secondary studies. This amount represents the most that the IGA has ever awarded for supporting students' post-secondary aspirations.

IGA will continue to support seven students from around the region who are continuing their education, sponsored at \$6000 per year for a maximum of four years.

For the academic year 2011-2012, two new \$6000 renewable Scholarships were once again awarded (for up to four years) for students finishing high school in the region, as well as one Scholarship of \$6000 (for up to three years) to a student continuing with her post-secondary studies.

IGA has also awarded six \$6000 Special Scholarships for a one-year period.

Additionally, forty-four IGA Bursaries of \$3000 were awarded to a variety of high school and post-secondary students.

IGA is extremely proud of its affiliation with the following students from around the Northern Peninsula and coastal Labrador:



**Aimee Chantel
Newman**



Bianca Gould



Danielle Colbourne



Dylan Sinnicks



**Kaitlin
Mitchelmore**



Natasha Tatchell



Robyn Brenton



Taylor Randell



Tracy Pittman

Secondary Scholarships of \$6000 per year, for a maximum of four years:

Natasha Tatchell of Castor River North, who completed high school at Viking Trail Academy in Plum Point. Natasha intends to study Nursing at Memorial University.

Kaitlin Mitchelmore of Green Island Cove, who graduated from Canon Richards High School in Flower's Cove. Kaitlin intends to study Pharmacy.

Post-Secondary Scholarship of \$6000 per year, for a maximum of three years:

Danielle Colbourne of St. Anthony, who is hoping to eventually pursue a Science degree.

Special Scholarships, valued at \$6000 for this year:

Robyn Brenton of Englee, Bianca Gould of Flower's Cove, Chantel Newman of Englee, Tracy Pittman of Cook's Harbour, Taylor Randell of Englee and Dylan Sinnicks of Forrester's Point.

Current recipients of \$6000 renewable IGA Scholarships are:

Aimee Battcock of Goose Bay, who just completed her second year at Bishop's University in Quebec.

Laura Battcock of Goose Bay, who has just completed her second year enrolled at Concordia University in Montreal, where she is studying towards a degree in Fine Arts.

Emily Best of Goose Bay, who just finished her first year at College of the North Atlantic, with hopes of further study in Environmental Studies.

Timothy Clements of Roddickton, who has now

completed third year Engineering Studies at Memorial University.

Whitney Foss of Goose Bay, who has completed two years at Memorial University's Fine Arts Program.

Michael Lidstone of Roddickton, who has completed his first year at Memorial University, where he will pursue a Business degree.

Laura O'Rielly of St. Anthony, who has finished her third year in the Science program at Queen's University.

IGA Bursaries of \$3000 for the 2011-2012 academic year have been awarded to:

Post-Secondary

Kerry Applin of St. Barbe, Natalie Blake of Straitsview, Tiffany Canning of Forteau, Kayla Carroll of St. Lunaire-Griquet, Michael Decker of St. Anthony, Shawna Foley of Conche, Sara Gardiner of Conche, Christy Groves of Forteau, Mandy Halbot of L'anse au Loup, Skylar Hodder of Happy Valley-Goose Bay, Marius Normore of L'anse au Loup, Jeffrey Patey of St. Lunaire-Griquet, Ramsey Powell of Charlottetown, Danielle Richards of St. Anthony, Brittany Scanlon of Plum Point, Danielle Scanlon of Plum Point and Angela Strugnell of Port Hope Simpson.

Secondary

Hilary Buckle of Forteau, Hayley Cunard of Brig Bay, Taylor Farrell of Mary's Harbour, Stevon Fowler of St. Anthony, Kelsey Genge of Anchor Point, Jeffrey Gould of Flower's Cove, Elizabeth Hillier of St. Lunaire-Griquet, Dayna Hopkins of Englee, Josephine Hughes of Green Island Cove, Dillon Jones of L'anse au Loup,

Krystal-Ann Kavanaugh of Happy Valley-Goose Bay, Scott Linstead of L'anse au Loup, Lorraine Matthews of Happy Valley-Goose Bay, Amanda Mitchelmore of Brig Bay, Brittany O'Brien of West St. Modeste, Cody O'Brien of Happy Valley-Goose Bay, Jeremy O'Brien of L'anse au Loup, Amber O'Dell of L'anse au Loup, Amy Park of Forteau, Nikita Pittman of Cook's Harbour, Terri Pittman of Englee, Adam Randell of Bide Arm, Brittany Randell of Roddickton, Breanna Stumpf of Happy Valley-Goose Bay, Hunter Taylor of Forrester's Point, Jennifer White of Sandy Cove, Mark Yetman of Red Bay and Jonathan Young of St. Anthony.

Students in high school interested in being considered for an IGA Scholarship or Bursary must submit their applications to their respective high school principals, who will forward applications on to their respective board offices by February 15th.

For students already enrolled in a post-secondary program, the new and firm deadline is March 31st, with applications being sent directly to IGA.

In order to be considered for the larger renewable IGA Scholarships, students must be enrolled in a minimum of a three-year program.

IGA considers all applications forwarded to it prior to or on the deadline. Students must recognize that, in the case of IGA Bursaries, awards are not given based on academics. Financial need is the major consideration.

The next meeting of the IGA Scholarship Committee is to be held in conjunction with an IGA Board meeting in May, 2012.

It Feels Great to be Recognized for Hard Work!



My name is Whitney Foss and I have just completed my second year toward a Bachelor of Fine Arts (Visual Arts) Degree at Grenfell Campus, Memorial University. I've found the program that is right for me and made personal goals for my life. With the help of the International Grenfell Association, I am able to pursue those goals.

The IGA Scholarship I received has been so important to me that I hardly know where to begin in showing my appreciation to the Association. It's obvious to any student that expenses are often the first thing that come to mind when deciding to attend a post secondary institution and money is often the cause of even more stress than homework and deadlines.

The cost of books and supplies is immense and without this scholarship student loans would have been inevitable. I saw firsthand the issues surrounding student loans from others around me and it was my

goal to get through school without needing any. The International Grenfell Association made that possible for me.

As I think most people would agree, it feels great to be recognized for hard work. Receiving this scholarship was a great boost as it not only helped me in furthering my education but it also showed that my efforts throughout high school didn't go unnoticed. Furthermore, it was a source of drive since I knew I had to keep my grades up in order to maintain my scholarship standing.

I would like to thank the International Grenfell Association for their great gift since it has helped me and so many others like me in pursuing higher education. I feel very privileged to be a small example of what IGA is doing for students of this province and I trust that many more who have benefitted from their generosity would agree with me on that statement.

IGA Assists with Activities at H.G. Fillier Academy in Englee

As a result of a \$10,000 grant awarded to H.G. Fillier Academy in Englee in 2010, students have been enjoying a number of new or enhanced co-curricular activities. The school has been able to purchase a new digital piano which has superior sound quality for performances, two practice keyboards, and ten fender acoustic guitars. The addition of new musical equipment has resulted in the creation of a music club at the school.

Students have been able to showcase their budding talents at talent shows using new, state-of-the-art sound equipment purchased with IGA funding. New speakers, wireless microphones, choir microphones, boom microphone stands and a mixing board have greatly improved the sound quality at concerts and school assemblies. Monies from the IGA grant were also used to purchase new sports jerseys for our junior high students who are engaged in after school sports. As well, the purchase of a digital SLR camera has allowed us to capture high quality photos of student performances for displaying around the school and in school publications.

We are pleased to see that the objectives of our proposal to the IGA are being realized as we now have a more active music club. Students are taking guitar and piano lessons during recess period, some

lunch hours and several after school. The improved musical instruments and sound system has allowed our students to showcase their talents during public performances. These shows are led by students and performed by students! These new resources have allowed students to develop and refine their musical and athletic talents and to represent their school with pride.

This grant has helped instill confidence in our students and a sense of pride as they have represented their school at several sports meets wearing their sharp looking jerseys. Also, their new music and sound equipment has made them feel better about performing publicly. The photographic equipment has helped to highlight their achievements and allowed us to capture quality images to showcase their talents in the local media. Students have also taken on a custodial role in taking care of this new equipment and



Pictured are: Front Row (L-R) – Nolan Compton, Jenna Brown and Torilee Hopkins. Back Row (L-R) – Jasmine Jenkins, Tanner Fillier and Rebecca Baker-Cull.

resources. They are very proud of their new equipment and uniforms! We are looking forward to using this quality equipment for many years to come and seeing our students benefit from its use.

The school community at HGFA extends a BIG thank you to the IGA for its significant contribution to the growth and development of our students.

Travis Gillard
Principal

IGA Grants Benefit Students in Black Tickle

On behalf of the teachers and students of St. Peter's School I would like to sincerely thank the IGA for approving grants for us over the past years.

St. Peter's School is a K-12 school located in the isolated community of Black Tickle. There are 27 students and 5 teachers including the principal.

In 2010 we received two IGA grants worth a total of \$20,450. With this money we purchased a mathematics intervention program (Academy of Math) and a treadmill.

Academy of Math

The Academy of Mathematics is a tremendous benefit to our students. It is a great asset to the struggling students. Before using the program, some students were not able to stay focused for a long period of time during instruction. While they are using the Academy of Math, they become more focused for longer periods of time. They respond quickly to the questions with a high percentage of accuracy most of the time. The minimal number of errors indicate that some students understand many of the mathematical concepts.

The program is easy to use and is student friendly. It provides tutoring lessons before they begin a lesson which, no doubt will set each student up for success. A great advantage to this program is that it allows students to progress at their own pace, gives them rewards for their progress and it allows teachers to track the progress of each child.

The students enjoy using the program. It gives them confidence and they are always willing and happy to help new users learn how to use the program.

Teachers at our school are very pleased with the success they are seeing from the students by using this wonderful intervention program.

We will continue to use the Academy of Math to enable the students to learn the Mathematical concepts and skills that they require to have a strong foundation in Mathematics.

School Fitness

We also purchased a treadmill through a School Fitness Project.

There are very few options for our students and staff for running, walking and jogging, especially



in the long, cold winter months when there is a lot of snow. We all know how important it is to have physical activity in order to stay healthy.

Again, I would like to thank the International Grenfell Association for awarding this grant to St. Peter's School. It will allow us the opportunity to enhance the teaching and learning at St. Peter's School.

Madeline Keefe
Principal

CHAIRMAN'S MESSAGE

Each November the Directors of the International Grenfell Association wait with anticipation to see what requests will be made to it for financial assistance - to see what issues communities want help to overcome, to see how many students seek scholarship and bursary support, and to see what requests are made to improve health services and school education in the area.

What never changes year on year is that the requests always exceed the money IGA has to distribute. This means we must be sure we support the most worthwhile and needy causes and be assured that the money is spent wisely. That is why, this year, we have begun informing all successful grant recipients of the questions we will want answers to in the reports they submit to the IGA Board one year after being awarded a grant. This is not form-filling for the sake of it, but good stewardship of the funds bequeathed through the lifetime work of Sir Wilfred Grenfell.

The information we receive will tell us where we have succeeded and

how we can improve. It will inform us of the many achievements those grants have brought, of the ways that lives have been changed for the better and how the tasks that doctors, nurses and educators face each and every day have been made that much easier to deal with. The reports in this edition of the IGA Newsletter hopefully paint that picture for you and show what can be done.

Grenfell once said, "The good we do for others is the rent we pay for room on earth". How right he was and there is a message for all of us in those simple words.

Dr. Norman Pinder
IGA Chairman



Postville Clinic Receives IGA Support

The IGA grant of \$4,200 awarded to Postville Community Clinic in 2010, for the purchase of diagnostic instruments, has provided a much needed benefit to the clinic and to the community.

Postville Community Clinic is a one-nurse station on the coast of northern Labrador. It serves a population of approximately 220 people. Through part of an integrated health delivery system that strives to meet the basic and emergency needs of the community, the Clinic is still and all the 'first responder' in meeting the community's health needs. Given the dependent nature of the clinic's operation, due to weather conditions and logistical constraints, ensuring and maintaining a properly equipped, well functioning service is essential and a high priority.

We always strive for excellence at the clinic, and over the past 4-5 years we have worked very hard to upgrade our clinic and apartment in every possible way with new equipment, furnishings and appliances to enhance the quality, efficiency and overall delivery of services. The IGA funds significantly helped toward achieving these objectives by enabling us to replace outdated and worn exam room equipment, from 1978 and 1988, that have had been well used from over 20-30 years of constant work.

The instruments, mainly Welch Allyn examination tools, are used daily in diagnostics, in throat/ear/skin/nose/gynecological everyday use, in planning appropriate treatment, and in emergencies. There was, for example, a recent very severe nosebleed that



In this photo taken in the clinic in Postville, Dr. Robert Forsey of Labrador Grenfell Health (R), demonstrates some of the equipment purchased with the IGA grant, to Dr. Norman Pinder (L), Chairman of the International Grenfell Association.

required emergency treatment made a lot easier by the new nasal speculum. With more immediate and reliable diagnostic capability the patients (the end user) benefit directly from this enhanced service.

As a health professional, having modern and up to date equipment is always a plus. The newer, brighter lighting systems and scopes give far enhanced images making diagnoses easier. And knowing that you're using the latest technologies which are more accurate and reliable gives me more confidence and assurance in making decisions. This is particularly important

in a remote setting like Postville, and in a one-nurse station where self-reliance is critical.

Of course, having up to date medical equipment to work with provides an opportunity to learn as well. All on staff have benefited to one degree or another with the improvements that have been made to the clinic from the recent IGA monies. These enhancements have been both challenging and motivating. It raises the bar of our practice as well as our expectations and encourages us to further develop our competency and capacity to do more and even better. It motivates me to seek out further funding and upgrade other aspects of our small Nursing Station.

To see the clinic improvements over the years as a facility and a service is a morale booster for the clinic staff. They rightly take pride in what they are trying to accomplish. It has also been a source of pride for the community. They also share in the success of the clinic, directly as patients, who benefit from a better service, but also as a community at large.

With their generous support to us, the IGA has very definitely made a big and meaningful contribution toward improving the capacity of the clinic, and the health and well-being of this community, and for that we would like to express the sincere appreciation of the clinic staff and the people of Postville.

Many thanks,
Sheila Wilson
Postville Nurse

Aurora Nordic Ski Club Partners with the IGA

People living in Northern Newfoundland can be assured of two things; Long winters with an abundance of snow to allow one to get outside and enjoy winter activities and a season in between the winters that is short enough to constantly remind you that "Old Man Winter" is never far away. Residents of the region typically enjoy the winter season engaged in a number of winter pursuits from cutting firewood, skating on frozen lakes, snowmobiling and of course cross country skiing and snowshoeing.

Throughout the area various organizations have endeavoured over the years to provide facilities to those who want to carry on their recreational activities outside. These organizations typically are created, maintained and grown on the shoulders of the many volunteers that step forward, out of interest for the activity and a desire to see facilities provided for the many that want to use them.

One such organization is the Aurora Nordic Ski Club located at St. Anthony. Aurora is a volunteer cross country ski club with approximately 200 members. Over the past fifteen years the club has grown from meager beginnings into a vibrant organization that provides an outdoor recreation pursuit for a wide cross section of the community. Members come from all walks of life and Aurora prides itself on being able to provide skiing (and just recently snowshoeing) to everyone, from the competitive athlete to the novice looking to stay in shape and spend some time with family and friends.

While snow is abundant, the early onset of winter can bring erratic snow conditions as trails freeze. From late November to early January it is especially important to build interest and membership numbers for the coming season. As well, competitive youth racers are training to get ready for the various provincial and national meets that they will participate in. It is especially important to start grooming trails so that individuals can get on the snow.

The availability of a reliable snowmobile is a must at this time of year. While the club has a large Bombardier groomer, it is too large to use under marginal conditions until adequate snow is compacted. Auroras' snow machine was in rough shape and maintenance costs had reached an all time high in 2008. For an organization built and operated by volunteers, these increasing maintenance costs could be crippling. Membership fees had been increased the year before to cover rising insurance costs and increasing dues to the provincial and national associations. Fund raising efforts were at an all time high to offset the rising costs

of fuel and labour.

Aurora had been the beneficiary of previous grants and contributions from the International Grenfell Association. The executive felt that it would be beneficial to make an application to IGA to secure some funding to assist with the purchase of a new snowmobile. It was felt that money from the sale of the present snowmobile along with a contribution from IGA would give Aurora room to purchase a new machine. The new machine would mean reduced maintenance costs and reliability.

Over the years the executive of Aurora Nordic had been very prudent with its finances. A new snowmobile would provide the executive with greater flexibility when considering how much grooming to do and how long the season could run.

A grant for \$8000 was received from IGA last year, in the fall Aurora sold the original machine, and through some negotiations a new snowmobile was purchased for \$10,000. Through late December and early January the machine was put to very good use. Snow levels were unusually low and without a snowmobile, trails would not have been groomed. The new machine performed very well and Aurora incurred no maintenance costs, allowing the club to spend some funds on additional youth size boots to supplement the rentals equipment that it has. Throughout the winter the snowmobile was utilized to haul wood and carry supplies and equipment around the trail. Thankfully it was not needed to tow the rescue sled to assist an injured skier! But it was

comforting to know that a reliable piece of equipment was available should it ever be needed for such a role.

While winter may have been a little late in arriving, once it did it was consistent and snow conditions were some of the best seen in many years. Many of the 240 members that registered for the 2011 season skied and snow shod through late April and some even racked up a few kilometres in May.

The executive and membership of Aurora Nordic is very thankful for the assistance they have received from The International Grenfell Association. Over the years IGA has been a very important partner in the provision of high quality cross country ski trails at St. Anthony. The funding received is an important component in getting 240 people out on the snow, consuming fresh air and getting their hearts and lungs working. To this end it is not only an investment in recreation but equally an investment in our health care. We can only think that that is what Sir Wilfred had in mind when he invested in the area and its' people over 100 years ago.

Hey, it is only a couple of months until the new machine is out ploughing through the drifts laying down a base so skiers and snowshoers can hit the trails. We'd love to see you out there.

Happy Trails to you!!!

Submitted By,
George Smith – Aurora Nordic Ski Club

To contact the IGA:



Paul Canning, Administrator
81 Kenmount Road, 2nd Floor
St. John's, NL A1B 3P8
Phone: 709-745-6162
FAX: 709-745-6163
Email: iga@nfld.net
www.iga.nf.net

The IGA would like to express its gratitude to everyone who submitted articles and photos for the 2011 edition of its annual fall newsletter.

The contents of this newsletter represent just a sample of the 61 projects that were selected for approval by the IGA Board from its 2010 grant applications.

The IGA eagerly anticipates working together with all its partners in 2011-2012 and beyond, for the benefit of the service area we share.

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